

Massage with Gill Mayhew
I.T.E.C I.G.P.P. C.Th.A

Sports, Remedial and Relaxation Massage Therapist

Price List

Sports Massage (Includes consultation & treatment) 1 Hr	£35.00
Follow Up Treatment 45 mins	£30.00
Back, Neck & Shoulder Massage 45 mins	£30.00
Full Body Relaxation Massage 1 Hr	£35.00

A confidential medical history will be taken on your first visit to assess any problems or whether the treatment is suitable for you.

For further Information or to book a treatment contact Gill on:

- Telephone: 01263 721215 or Mobile 07814 438362
- Email: gillmayhew23@btinternet.com

“I can thoroughly recommend Gill after having regular treatments with her in recent years. She has a calming, empathetic nature and works wonders with my knotty back! A Full Body Massage is a real treat, leaving me feeling relaxed and nurtured. Thank you Gill.”

Victoria Lovejoy – Overcliff Lodge